The exchange in the Incarnation of the Word

It is truly right and just, our duty and our salvation, always and everywhere to give you thanks, Lord, holy Father, almighty and eternal God, through Christ our Lord. For through him the holy exchange that restores our life has shone forth today in splendor: when our frailty is assumed by your Word not only does human mortality receive enduring honor but by this wondrous union we, too, are made eternal. And so, in company with the choirs of Angels, we praise you, and with joy we proclaim: